Employers play a large role in health care, offering health insurance to the majority of full-time American workers. With access to insights from clinical data, Quest Diagnostics helps more than 5,500 employers improve the health of their employees each year. With our population health solutions, companies leverage screening insights to:

- Identify chronic disease risks
- Connect employees to needed in-network care
- Empower better health and reduce healthcare spending

Quest Diagnostics® helps employers reduce healthcare spending and empower better health*

For every 1,000 employees leveraging screening insights, population health programs positively impact the lives of 310 employees.

<table>
<thead>
<tr>
<th>40</th>
<th>119</th>
<th>29</th>
</tr>
</thead>
<tbody>
<tr>
<td>alert calls on test results needing urgent medical attention</td>
<td>new instances of prediabetes identified</td>
<td>new instances of diabetes identified</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>15</th>
<th>67</th>
</tr>
</thead>
<tbody>
<tr>
<td>new instances of chronic kidney disease identified</td>
<td>colorectal cancer screening results indicating the need for follow-up</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>37</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>physician coaching sessions to improve health literacy</td>
<td>new connections to needed care</td>
</tr>
</tbody>
</table>

Plus, participants in laboratory-based population health programs spend 30% less in overall per-employee per-year healthcare claims.

*Results based on actual program data from 2013-2017 in an employer with an average of 37,000 screening participants per year. Quest Diagnostics Blueprint for Wellness 2017 HRA.
Our approach to employer population health

**Identify**

- **Identify** – Identifying health risks through laboratory testing helps employees understand their current health status and get the care they need.

**Connect**

- **Connect** – Employers can help increase adherence to treatment plans and encourage participation in preventive healthcare, which can lead to healthier lifestyles and lower long-term healthcare spending.

**Empower**

- **Empower** – Based on laboratory data, individuals are targeted for interventions and are encouraged to participate in the solutions that would benefit them the most.

Solutions that identify

**Health screenings**

Quest offers a wide array of health screening options, including tests that help identify chronic disease risk like Hemoglobin A1c, eGFR, creatinine, high-sensitivity CRP, and more.

**Colorectal cancer screenings**

Colorectal cancer is the second leading cause of cancer deaths for both men and women in the US. To help improve colorectal screening compliance, Quest offers InSure®ONE™, a Fecal Immunochemical Test.

**In-depth aggregate data**

All employers who offer health screenings through Quest receive an in-depth aggregate report called the Blueprint for Population Health profile that provides population-level insights.
Solutions that connect

Telephonic physician coaching
After individuals complete their screenings, they can schedule a one-time telephonic coaching session with a board-certified physician to review their results and receive guidance on next steps.

Onsite Health Coaching
Onsite Health Coaching allows participants to have an in-person session with a Health Coach to discuss options for health improvement and commit to an action plan. Participants can also be directed to other employer-specific well-being offerings during the session.

Personalized participant reporting
Each screening participant receives a results report that improves health literacy by explaining the impact of the individual’s result values on their overall health.

<table>
<thead>
<tr>
<th>Participant report features:</th>
<th>Results summary for physician</th>
<th>Provides historical results</th>
<th>Online and mailed to the participant</th>
<th>Metabolic Syndrome risk scoring (if applicable)</th>
<th>Result-specific health improvement tips</th>
<th>Highlights the participant’s 3 key risks</th>
<th>Age-and gender-specific imagery</th>
<th>Highlights employer-specific wellness offerings based on results</th>
<th>Integrates participant health questionnaire data</th>
<th>A Health Quotient score to reveal overall health status</th>
</tr>
</thead>
<tbody>
<tr>
<td>MyGuide to Health*</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>MyHealth Profile*</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
</tbody>
</table>

Additional reporting options, with limited features, are available upon request.

Solutions that empower

Omada Health
Quest Diagnostics has partnered with Omada Health to offer digital lifestyle management programs to screening participants.¹

Rewards
The Quest Rewards Engine is highly configurable, allowing you to score and deliver passing status on the activities or outcomes that mean the most to you.

For more information on how to leverage population health solutions to empower better health and reduce healthcare spend, visit QuestForHealth.com.

². Omada Health programs can also be made available to risk-unknown individuals.

Quest, Quest Diagnostics, any associated logos, and all associated Quest Diagnostics registered or unregistered trademarks are the property of Quest Diagnostics. All third-party marks—® and ™—are the property of their respective owners. ©2020 Quest Diagnostics Incorporated. All rights reserved. 10101 Renner Blvd. Lenexa, KS 66219. 1/20.